

# Therapeutic Recreation

# Talk of the Town

Inside this issue:		
North Pole Experience	1	
Classes	2	
Sports	3-4	
Friday Night Socials	5-6	
Registration Form	7	

Due to growing interest and limited space, our Special Olympics sports and socials are filling up fast. Don't miss out! Register early!

#### **Starting dates:**

Basketball Training Camp November 9

Unified Flag Football January 2

Unified Basketball
December 3

Basketball Teams (age 16+) January 11

Junior Basketball (age 6-15) January 13

> Cheer and Dance January 7

Track & Field February 9

#### ANNOUNCING...



The North Pole Experience—

# A Special Social Opportunity

Delight in the magic of the holiday season at Santa's enchanting 400-year-old workshop.

Join us for an unforgettable North Pole experience inside the toy factory, Mrs. Claus' Bakery, Elf University, Santa's Sleigh Hanger and photos with St. Nick himself. This trip goes to Williams. You will need to pack a sack lunch for the ride up and bring some money for dinner on the way home.

Wednesday, December 16, 2015

Ages 16 and older

Time: 11:30 am—10 pm Drop Off/Pick Up:

Mesa Convention Center—263 N. Center St. Bldg A Cost: Residents \$50, Non-Residents \$68 Registration Code: #2TR018

Limited to the first 20 participants only.

19th Annual Chandler Golf Challenge



It's not too late to play or help. Proceeds benefit individuals in Chandler with disabilities.

Friday, November 13, 2015

Bear Creek Golf Complex

Find our brochure to register at www.chandleraz.gov/therapeutic.

If you cannot play but wish to help, please consider making a donation such as gift cards, golf foursomes or anything that can be used as a prize would be greatly appreciated.

Donations will be accepted until November 12.

Call Collette Prather at 480-782-2709 to make a donations.

#### **Therapeutic Recreation Team**

**Therapeutic Recreation Coordinator I:** Collette Prather, CTRS, (480) 782-2709, collette.prather@chandleraz.gov

Recreation Staff: Travis Anderson, Brittany Ayers, Tyller Ayers, Ethan Baker, Robert Crippen, Logann Gregg, Jacob Harris, Kris Jacobs, Robin Lund, Hannah McWilliams, Sarah Mezo, Scott Nasser, Austin Rector, Shelby Schicatano, Jody Shagena, Erica Soto, Angela Soto, and Andrew Wiemers

# Therapeutic Horseback Riding

Riders will learn a new level of freedom and movement while improving self-esteem and socialization. They will benefit physically, emotionally and mentally. Riders will also learn to care for the horse while riding. This program is specifically designed for children, teens and adults with disabilities.

Registration code: #2TR003 Mondays, January 11– March 14 6-7 pm

Location: Valley Silver Bullets- 43757 N Coyote Rd. San Tan Valley. AZ 85140

Valley, AZ 85140
Resident fee: \$42 Non-resident fee: \$57
There is also a \$150 supply fee due the first night to the instructor. Athletes must also have a current medical release on file.

Ages 5 and older



# Therapeutic Holiday Crafty Crafts

Crafts are fun! Come share your creative side and learn some new crafts for the holidays.

Registration code #2TR012 Tuesdays, December 1-22, 2015 6:30-7:30 pm

Class Location: Chandler Senior Center Game Room 202 E. Boston St.

Resident Fee: \$15, Non-resident fee: \$21 Ages 12 and older

**VOLUNTEERS ARE WELCOME TOO!** 



# **Therapeutic Adventure Club**

Have fun going fishing and hiking during the spring months and get some exercise too. No prior experience is necessary. A description of each week's adventures will be distributed on the first day. Make sure to wear comfortable clothing, athletic shoes and bring a bottle of water!

Registration Code: #2TR001 Saturdays, February 6 - February 27 Ages 14 and older 6-8:30 am

Depart from: Chandler Senior Center Parking lot

202 E. Boston St.

Resident Fee: \$28, Non-resident Fee: \$38





# Therapeutic Running Club

This is your chance to train at various parks/trails in Chandler and then be prepared for the AZ Disabled Sports Walk, Run or Roll in January 2016. Each participant will need a running partner. This program is designed for individuals with disabilities. Practice location schedule will be given out the first night.

Registration Code:1TR002
Tuesdays, November 10-January 5, 2016

4:30-5:30 pm Location: Gila Monster Pavilion Tumbleweed Park

Location: Gila Monster Pavillon Tumbleweed Pari (first night location only)

Resident fee: \$25, Non-resident fee: \$34

Ages 12 and older

# Therapeutic Hip-Hop

Everyone loves to dance. Come learn some new moves and learn the latest in hip-hop dances. Learn how to do dance moves like the Harlem Shake, popping, glide, heel toe, Crip walk, moonwalk and other dance moves easily. This class is designed for individuals with developmental disabilities.

Registration code #2TR002 Tuesdays, January 5– February 2 6:00-6:45 pm Location: Senior Center Game Room 202 E. Boston St. Resident fee: \$16, Non-resident fee: \$22 Ages 12 and older

# Therapeutic Unified Flag football

Throw, run or pull flags. Flag football is a whole lot of fun. Teams will be created with nondisabled partners to learn football skills while preparing to compete at state competition.

Registration code #2TR010

Saturdays January 2- March 5

No Practice 1/23

8:30-10:00am

Pima Park, Soccer Fields 625 N. McQueen Rd.

Resident Fee: \$20, Nonresident fee \$27

All fees are paid by RAD

Ages 14 and older



### THERAPEUTIC SPORTS

### **Unified Basketball Team**

Athletes and partners, here we come. Unified basketball is for those athletes that can keep up with a fast paced team while focusing on the true skills of basketball through on court coaching from partners. Unified basketball participates in a traveling league in the East Valley in January and February. You must provide your own transportation.

Registration Code: 2TR009
Wednesdays, December 2 – March 9, 2016
No practice 12/23 and 12/30
7:00-8:30 pm
Andersen Jr. High Gym
Resident Fee: \$20, Non-resident Fee: \$27
All registration fees paid by RAD
Ages 16 and older

Did you check to make sure you have a current physical and release form on file? Current forms can be found at www.chandleraz.gov/therapeutic.



### THERAPEUTIC TRACK TEAM

Run or walk, throw a softball or shot put. Come try a new skill, plus get in shape with the track team. Attendance at practice is very important while training for a sport.

Tuesdays February 9– May 3, 2016

6-7 pm ages 6-21
Registration Code: 2TR007
7-8 pm ages 22+
Registration Code: 2TR008
Hamilton High Track 3700 S Arizona Ave.
Resident Fee: \$20, Non-resident Fee: \$27
All registration fees paid by RAD

Ages 6 and older No Practice 3/8 & 3/15

# Medical release for all sports

Every athlete who wishes to participate in therapeutic sports in Chandler must have a medical release form on file in the Therapeutic Recreation office by the first night of practice. The medicals are good for three years. Please be sure to check whether or not yours is current when you register.

There is a form on our website to use for Medicals.

Forms can be found at chandleraz.gov/therapeutic.

There is a new medical/photo release that we need <u>every athlete or parent</u> to sign. Parents, please come to the first night of practice for all sports to be sure paperwork is signed.

### THERAPEUTIC CHEER AND DANCE

C-H-A-N-D-L-E-R, GO CHANDLER! Come join the Chandler cheer line to cheer on our own Chandler Cougars and learn cheers for competition at area and state tournaments. 100% attendance is strongly encouraged.

Registration Code: 2TR006
Thursdays, January 7- March 10, 2016
6:30-8:00 pm
Location: Willis Jr. High Multipurpose room
401 S. McQueen Rd.

Resident Fee: \$20, Non-resident Fee: \$27
All registration fees paid by RAD
Ages 6 years and older





# THERAPEUTIC BASKETBALL TEAMS

Are you familiar with basketball? Do you want to run the court, shoot hoops and play on a team? This program is for Special Olympics athletes who are familiar with basic basketball skills and can run the court to play in games.

Registration Code: 2TR004
Mondays and Wednesdays January 13- March 9\*
6 - 7pm
Mondays—Willis Jr. High Gym
Wednesdays—Folley Park and Game nights

Resident Fee: \$20, Non-resident Fee: \$27
All registration fees paid by RAD
Ages 16 and older
\*No practice 1/18 & 2/15



# Therapeutic Youth Basketball

Are you new to basketball and you want to try it out? Come join us. Learn the chest pass, bounce pass, dribble, shoot and score. These are some of the skills you will learn to compete in at the end of the season.

Registration Code: #2TR005 Wednesdays January 13– March 9, 2016 Location: Willis Jr. High Multipurpose room 401 S. McQueen Rd. 6:30-7:30 pm

Resident Fee: \$20, Non-resident Fee: \$27 All registration fees paid by RAD Ages 6-15

### SPORTS NEWS

# ACTIVITY, TRIP, SPECIAL OLYMPICS AND CLASS CANCELLATION AND WAITING LIST INFORMATION

#### **Cancellation & Refunds**

• All cancellations must be made in person or by telephone 24 hours in advance (weekends not included) of the trip or activity to receive a refund. When refunds are processed, credit or debit cards will be refunded within 3-4 days. Check refunds will take up to two weeks.

#### **Waiting List**

• Our therapeutic recreation classes are becoming more popular. A waiting list will be started if a class/sport reaches capacity. Be sure to sign up early if you want to participate in our great classes, sports, and socials.

#### DROP OFF/PICK UPS

Do you love our socials, outings, sports and classes? We do too! However, we need your help. Please be courteous and do not show up more than 15 minutes early and be sure to pick up on time. Staff will not be arriving at an activity more than 15 minutes before the designated sport/activity time.

#### PLEASE REGISTER!

Going forward, we need to have all athletes registered before classes, socials or sports begin. This will help ensure updates get out to all, registration fees are paid correctly by RAD, registrations are completed accurately for sports and more. Please be sure to always register before the start of programs. Codes for events are back. Be sure to include your code on the registration form.

Be sure and sign up for the many upcoming sports. Rosters are filling fast. We need you to sign up before you miss out!

### RAD CORNER

**Upcoming Board Meetings** 

RAD needs your help on the board of directors and other committees as well. Come to a board meeting today! Call for the 2016 dates

### A "RAD" Scholarship!

Apply today for the chance to go on one of our upcoming trips, such as Camp Carley or Disneyland! If you've always wanted to go but find that it just doesn't fit the budget, apply for this scholarship or mention it to a staff member. Scholarships are also available for shoes, work items, etc.

### Donation to Working Poor Tax Credit

Make your donation today to RAD and help your taxes too. Visit supportrad.com and donate online.



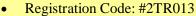
# PICTURES FROM THE YEAR



### DECEMBER SCHEDULE OF EVENTS

#### Friday, December 4, 2015—MOVIE NIGHT WITH RAD— "The Good Dinosaur"

Merry Christmas from RAD. Come out and enjoy a movie and receive a drink cup for 2016. An epic journey into the world of dinosaurs where an Apatosaurus named Arlo makes an unlikely human friend.



- Cost: Free but pre-registration is required.
- Caregivers and staff members do need to register for this.
- Ages 12 and older
- Drop-off location: Harkins Theaters—Chandler Fashion Center
- Drop-off time: 6:15 pm/Pick-up time: 8:30 pm

#### Saturday, December 19, 2015—MISTLETOE MAGIC DINNER AND DANCE

Come eat dinner and dance with friends. There will be cookie decorating and pictures with Santa included too. This event is for individuals with disabilities.

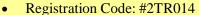


- Registration Code: #2TR011
- Cost: \$20 residents, \$27 non residents Please pre-register
- Staff members and caregivers do need to register for this.
  - Ages 16 and older
- Location: Mesa Convention Center—263 N. Center St., Bldg B,
- Drop-off time: 6 pm/ Pick-up time: 9 pm

### JANUARY SCHEDULE OF EVENTS

#### Friday, January 8, 2016—Happy New Year Party & Dance

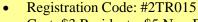
It's the start of the new year. We need to celebrate. Come dance with us and share your holiday memories with friends. We will have treats and a great time!



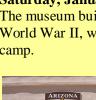
- Cost: \$3 Residents, \$5 Non-Residents—Please pre-register.
- Staff members and caregivers do not need to register for this.
- Ages 16 and older
- Location: Chandler Senior Center—202 E. Boston St.
- Drop-off time: 6:30 pm/Pick-up time: 8:30 pm

#### Saturday, January 30, 2016—Lunch and Arizona Military Museum Tour

The museum building is a significant part of Arizona's military history. It served as a National Guard arsenal until World War II, when it was converted into a maintenance shop for German prisoners of war confined at a nearby POW camp.



- Cost: \$3 Residents, \$5 Non-Residents
- Staff members and caregivers do NOT need to register for this.
- Ages 16 and older
- Bring money for lunch on the way to the museum
- Drop off/Pick up Location: Chandler Senior Center—202 E. Boston St.
- Drop-off time: 12 noon /Pick-up time: 4 pm





### FEBRUARY SCHEDULE OF EVENTS

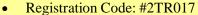
#### Friday, February 5, 2016—Sweetheart Dance

Come with a date or come solo. This dance is for you. Share the fun of Valentine's day with our annual dance complete with dancing, treats and photos.

- Registration Code: #2TR016
- Cost: \$5 Resident, \$7 Non Resident please pre-register
- Staff and caregivers do NOT need to register for this.
- Ages 16 and older
- Drop off location: Chandler Community Center—125 E. Commonwealth Ave.
- Drop-off: 6:30 pm/ Pick-up: 9:00 pm

#### Saturday, February 27, 2016—The Fountain Hills Great Fair

Now in its 30th year, this three day juried art fair features nearly 500 artists and artisans from across the United States and around the globe. Food booths and seating areas abound throughout the venue, with great breakfast, lunch and rest stops situated at locations in the middle and at both ends of the festival area. Live musical entertainment.



- Cost: \$3 Residents, \$5 Non-Residents
- Staff and caregivers do NOT need to register for this.
- Ages 16 and older
- Bring money for a lunch stop before we arrive in Fountain Hills
- FOUNTAIN HILLS Drop off location: Chandler Senior Center
- GREAT FAIR Drop-off time: 11 am/ Pick-up time: 4:00 pm

# PICTURES FROM THE YEAR





Chandler, AZ 85244-4008

# City of Chandler Parks and Recrea**ti**on Division Therapeutic Activity Registration Form

The City of Chandler Therapeutic Recreation program offers a 1:8 ratio or better of staff/volunteer to participants at each event. If you require more assistance, you are encouraged to provide your own caregiver. Caregivers <u>must</u> register on a separate registration form for each event they attend.

Name	Additional Attendees		
Address		City	Zip
Best Contact #	Email address		
Parent Name	Emergency Phone#	Birthdate	
Allergy information (If any):			
Activity:	Activity Code:	Fee:	Scholarship 🗆 Van: 🗆
Activity:	Activity Code:	Fee:	Scholarship 🗆 Van: 🗆
Activity:	Activity Code:	Fee:	Scholarship 🗆 Van: 🗆
Activity:	Activity Code:	Fee:	Scholarship 🗆 Van: 🗆
Activity:		Fee:	Scholarship 🗆 Van: 🗆
Activity:	Activity Code:	Fee:	Scholarship 🗆 Van: 🗆
Activity:		Fee:	Scholarship 🗆 Van: 🗆
Activity:	Activity Code:	Fee:	Scholarship 🗆 Van: 🗆
Activity:	Activity Code:	Fee:	Scholarship 🗆 Van: 🗆
		Т	otal Enclosed:
Form of Payment:			
CashCheck #			
Credit Cards are no longer accepted	I on wri <b>tt</b> en forms. They are only accepted	when registra <b>ti</b> on tak	es place in person.
	HOLD HARMLESS AGREEMEN	Т	
	er does not carry accident insurance for the or injuries sustained during my participation he City of Chandler.		
Parent, legal guardian, prov	ider or participant (if over 18)	Date	
	Please return registration form		
Mail to: Chandler Parks and Recreation		Walk in: Chandler Senio	r Center
Attention: Therapeutic Recreation Progr Mail Stop 501, PO Box 4008	am	202 East Bosto Chandler, AZ 8	n Street

Fax number: 480-782-2725

E-mail: Loretta.colson@chandleraz.gov or collette.prather@chandleraz.gov

Check out the new online system...chandleraz.gov/registration...it's easy, free and paperless.



CITY OF CHANDLER Community and Neighborhood Services Department Mail Stop 501, P.O. Box 4008 Chandler, AZ 85244-4008



PRESORTED STANDARD U.S. POSTAGE PAID CHANDLER, AZ PERMIT NO.1

# City of Chandler Parks and Recreation Division Therapeutic Recreation Program Calendar of Events December—February 2016

Check out the calendar online!

# http://www.chandleraz.gov/therapeutic

### **Upcoming FNSC Events (ages 16+)**



December 4—RAD Movie Night December 19– Mistletoe Magic Dance February 5—Sweetheart Dance February 27—Fountain Hills Great Fair



January 8—New Year's Party & Dance January 30—Lunch and Arizona Military Museum Tour



More fun things to come!





# City of Chandler Parks and Recreation Division Therapeutic Recreation Program Calendar of Events December-February 2016

Check out the calendar online!

# http://www.chandleraz.gov/the rapeutic

### **Upcoming FNSC Events (ages 16+)**



December 4—RAD Movie Night December 19– Mistletoe Magic Dance February 5—Sweetheart Dance February 27—Fountain Hills Great Fair



January 8—New Year's Party & Dance January 30—Lunch and Arizona Military Museum Tour



More fun things to come!!